



Camp Daily Itinerary

- X Warm up, stretching, both with and without the ball
- X Shooting and finishing on goal
- X Striking a driven ball with proper technique
- X Passing and receiving Specialty Clinic

- X Technical ball control, skillwork, feints and the art of deception with the ball
- X Soccer-specific fitness, strengthening and agility training
- X Foot speed with the ball and first step quickness training
- X Defensive shape and movement training

Don't Miss This!

Fun at RallySport Pool!!!

- X Have fun swimming in the heated pool at RallySport (Life guard on duty at all times.)
- X Swimming instructor will facilitate pool games

Also:

- X Each player should bring his or her own sack/lunch.
- X Snacks (food and beverages) are available for purchase at counter.
- X Water will be provided at all times.
- X Any special needs should be addressed prior to the day of the clinic.



"As a coach I was most impressed by the trainers' professionalism and how quickly my players have shown a noticeable improvement."

Dan Carmichael



Summer Camps 2008



"Wow, my kids learned so much and had a blast doing it -- Boulder Indoor was the best!"
Linda Riley

Keep it Cool this Summer

Dates

Starting Mon, June 2-thru Fri, August 22
Sessions are EVERY week Monday - Friday

Times

Full Day Session	9:00-4:00 PM
Morning Session	9:00-12:30 PM
Afternoon Session	12:30-4:00 PM

Including ONE hour of fun at RallySport Pool!

Ages

5-15 years old (combined by age and ability)
Only 30 players a session - two groups of 15
Teams are welcome - bring your entire team!

About Us ...

Clinic Philosophy

The Boulder Indoor Soccer (BIS) Summer Camps will provide players with a competitive and professional experience. Our professional coaches have international and national experience. Players will receive specialized soccer training focused on fundamentals, technique, and tactics necessary for knowledge to play at a highly competitive level. The advanced professional specialty training sessions are designed to not only enhance but educate players. The advanced professional specialty training sessions by RallySport Health and Fitness Club are designed to not only enhance but educate players.

Boulder Indoor Soccer Arena

Boulder Indoor Soccer Arena opened its doors on Sept 2nd, 2003. The facility has adult programs for men, women, co-ed, youth, and tot soccer. It is the only indoor soccer facility in the history of Boulder, centrally located between Valmont and Bluff -- off of 29th Street.

Field dimensions are 145' X 75'. The soccer specific Pro-Turf is the optimum indoor soccer surface. The Arena features a soccer café with a variety of sport beverages and snacks as well as two large screen televisions. Boulder Indoor Soccer Arena comfortably accommodates 150 soccer fans in bleacher seating. Exercise equipment and amusement games for all ages are also available on the premises.

The Directors ...

Rodrigo Garcia

Coch Rodrigo, is Co-Owner and General Manager of BIS and The Colorado Rapids U-23. For the past five years Rodrigo has coached youth girls and boys teams as well as directing Tots soccer programs. He holds a National USSF Coaching License and a NSCAA Regional Diploma.



Peter Ambrose

Coch Ambrose is Co-owner and Director of Coaching for BIS. He is head coach of Colorado Rapids U-23 as well as co-director of the Boulder Rapids Reserve Youth Soccer Club. His experience includes local youth clubs and camp director for many local and national soccer camps. Ambrose holds a National USSF Coaching License and NSCAA Regional Diploma.



Trainers ...

Colin Clarke

Colin is a Colorado native from Fort Collins and was launched into the MLS after playing for our Boulder Rapids Reserve for two years. He was signed in 2006 by the Colorado Rapids and is now the starting left midfielder for the Rapids.



Patrick Keane

Patrick is Co-Owner and the Director of Operations for Boulder Indoor Soccer and the Colorado Rapids U-23. Keane is also co-director of the Boulder Rapids Reserve Youth Soccer Club. Patrick is originally from Wisconsin, at the present time he coaches many local youth soccer programs.



Brad Stisser

Brad Stisser, a 2005 graduate from Highlands Ranch High School in Highlands Ranch, CO. Brad currently plays Division I Soccer at Loyola Marymount University in Los Angeles, CA. Brad will be with the Colorado Rapids U-23 playing outside midfield for his second season this summer.



"We stayed home this holiday as a family and the kids went to Boulder Indoor Soccer several days -- they loved it."

Edward Hamilton



Registration Form

2008 Boulder Indoor Soccer Summer Camps

Dates

Starting Mon, June 2-thru Fri, August 22

Sessions are EVERY day of the week Monday - Friday

Times

Full Day Session 9:00-4:00 PM

Morning Session 9:00-12:30 PM

Afternoon Session 12:30-4:00 PM

Including ONE hour of fun at RallySport Pool!

Ages

5-14 years old (combined by age and ability)

Only 30 players a session - two groups of 15

Teams are welcome - bring your entire team!

Cost (per player)

	Full	1/2
1 Day	\$75	\$40
2 Days	\$135	\$75
3 Days	\$190	\$100
4 Days	\$230	\$125
5 Days	\$275	\$150

Team discounts available for groups of 10 or more - \$70 per player

Name

Age

Phone

Email

Select a Date and Session (and if part of a group)

Session	AM	PM	All Day	10+ Players
June 2 - 6	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
June 9 - 13	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
June 16 - 20	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
June 23 - 27	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
June 30 - July 3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
July 7 - 11	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
July 14 - 18	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
July 21 - 25	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
July 28 - August 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
August 4 - 8	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
August 11 - 15	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
August 18 - 22	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>