



HutchinsonBlackandCook
Attorneys at Law



Camp Daily Itinerary

- X Warm up, stretching, both with and without the ball
- X Shooting and finishing on goal
- X Striking a driven ball with proper technique
- X Passing and receiving Specialty Clinic

- X Technical ball control, skillwork, feints and the art of deception with the ball
- X Soccer-specific fitness, strengthening and agility training
- X Foot speed with the ball and first step quickness training
- X Defensive shape and movement training

Don't Miss This!

Fun at RallySport Pool!!!

- X Have fun swimming in the heated pool at RallySport (Life guard on duty at all times.)
- X Swimming instructor will facilitate pool games

Also:

- X Each player should bring his or her own lunch.
- X Snacks (food and beverages) are available for purchase at counter.
- X Water will be provided at all times.
- X Any special needs should be addressed prior to the day of the clinic.



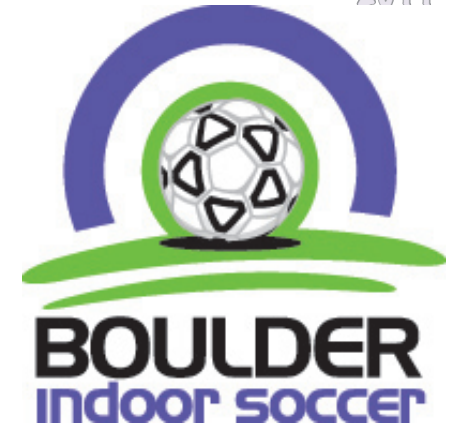
"As a coach I was most impressed by the trainers' professionalism and how quickly my players have shown a noticeable improvement."

Dan Carmichael



Summer Camps

2011



"Wow, my kids learned so much and had a blast doing it -- Boulder Indoor is the best!"
Linda Riley

Keep it Cool this Summer

Dates

Starting Tues, May 31 - Fri, August 19
Sessions are EVERY week Monday - Friday

Times

Full Day Session	9:00-4:00 PM
Morning Session	9:00-12:30 PM
Afternoon Session	12:30-4:00 PM

Including ONE hour of fun at the RallySport Pool!

Ages

4-15 years old (combined by age and ability)
Only 30 players a session - two groups of 15
Teams are welcome - bring your entire team!

About Us ...

Clinic Philosophy

The Boulder Indoor Soccer (BIS) Summer Camps will provide players with the individual skills necessary to compete on both a recreational and competitive level. Our professional coaches have international and national experience. Players will receive specialized soccer training focused on fundamentals, technique, and tactics. The advanced professional training sessions are designed to not only enhance but also educate players in a fun yet constructive environment.

Boulder Indoor Soccer Arena

Boulder Indoor Soccer Arena opened its doors on Sept. 1st, 2003. The facility has adult programs for men, women, co-ed, youth, and Soccerlots. It is the only indoor soccer facility in the history of Boulder, centrally located between Valmont and Bluff - off of 29th Street.

Field dimensions are 150' X 75'. The soccer specific Pro-Turf is the optimum indoor soccer surface. The Arena features a soccer café with a variety of sport beverages and snacks as well as two large screen televisions. Boulder Indoor Soccer Arena comfortably accommodates 150 soccer fans in bleacher seating. Exercise equipment and amusement games for all ages are also available on the premises.

The Directors ...

Peter Ambrose

Coach Ambrose is Co-Owner and Director of Coaching for BIS. He was the head coach of the Colorado Rapids U23 USL/PDL Soccer Team for 10 years. He coached the CU Men's Soccer Team to a national championship in 2006. Coach Ambrose has coached over 50 college players who have received professional contracts. Currently he is the Director of Coaching for the Boulder Rapids Youth Soccer Club. Coach Ambrose currently holds a USSF and NSCAA national license.



Patrick Keane

Patrick is Co-Owner and the Director of Operations for BIS and the Boulder Rapids Youth Soccer Club. Patrick grew up playing youth soccer in Wisconsin. Patrick graduated from The University of Colorado at Boulder in 2005 where he played for the CU Men's Soccer Team.



The Trainers ...

Jimmy Nummy

Jimmy Nummy graduated from Central Arkansas University in 2008. Jimmy was a two year starter for the Colorado Rapids U-23 PDL franchise. He was also team captain in 2008. Jimmy has worked with children of all ages in numerous soccer camps throughout the United States.



Sola Abolaji

Sola was a college standout and graduate from The University of Buffalo in 2006. Sola was the overall number one draft pick in the 2007 USL draft. He signed and played with the Vancouver Whitecaps for the 2008 season. Prior to signing with the Whitecaps, Sola was a 3-year starter for the Colorado Rapids U-23 PDL/USL franchise.



"Summers are so hot in Boulder, it was nice to find an indoor soccer camp. The kids loved the swimming."

Edward Hamilton



**BOULDER INDOOR
CYCLING**

Summer Camp

Have a Young Cyclist at Home?

*Same Dates. Same Price.
Different Sport.*

www.BoulderIndoorCycling.com
303.CYCLING (292-5464)

Registration Form

2011 Boulder Indoor Soccer Summer Camps

Dates

Starting Tues. May 31st - Fri, August 19

Sessions are EVERY day of the week Monday - Friday

Times

Full Day Session 9:00-4:00 PM

Morning Session 9:00-12:30 PM

Afternoon Session 12:30-4:00 PM

Including ONE hour of fun at the RallySport Pool!

Ages

4-14 years old (combined by age and ability)

Only 30 players a session - two groups of 15

Teams are welcome - bring your entire team!

Cost (per player)

	Full	1/2
1 Day	\$75	\$40
2 Days	\$135	\$75
3 Days	\$190	\$100
4 Days	\$230	\$125
5 Days	\$275	\$150

Team discounts available for groups of 10 or more - \$70 per player

Name

Age

Phone

Email

Select a Date and Session (and if part of a group)

Session	AM	PM	All Day
May 31 - June 3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
June 6 - 10	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
June 13 - 17	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
June 20 - 24	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
June 27 - July 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
July 5 - 8	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
July 11 - 15	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
July 18 - 22	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
July 25 - 29	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
August 1 - 5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
August 8 - 12	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
August 15 - 19	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>