



Spring Break Clinic 2008

Boulder Indoor Soccer will be offering skills clinics over Spring Break for ages 5 - 15 yrs. The clinic will be coached by the Colorado Rapids U-23 coaching staff and limited to 15 players. Players will receive specialized soccer training on the fundamentals, technique, and tactics. The Spring Break Clinics include one hour of pool time at RallySport Health Center.



Clinic Dates:

March	24th, 25th, 26th, 27th, 28th
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Skills to be covered include:

- > **Shooting and finishing on goal**
- > **Striking a driven ball with proper technique**
- > **Proper passing and receiving**
- > **Feints and the art of deceptive ball skills**
- > **Defensive posture, movement, and tactics**



Times and Cost

Full Day: 9:00 am to 4:00 pm \$75
Morning: 9:00 am to 12:30 pm \$40
Afternoon: 12:30 pm to 4:00 pm \$40
Team discounts are available

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